





Child and Babysitter Safety:

Wíth

When: Saturday February 5, 2022 1:00pm—6:00pm Where: Herrick Park Building, 29 Hebron Rd, Bolton, CT Who: Ages 11-17 Cost: \$100.00



Courses taught by Life Safe Services Professionals

This course is for youth age 11 to 17 years of age with the most common age of 12 - 14. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Other topics include hand washing, diapering, bottle feeding, personal safety and interview skills. Basic first aid and obstructed airway management for conscious choking adult/child and infant will be covered. First Aid including adult and child CPR (requires passing written and skills testing to receive 2 year certification) booklet, handouts and Babysitter Safety Certificate of completion included.

Register through the Recreation Department by going to https://boltonrec.recdesk.com

Check out our website: <u>https://boltonrec.recdesk.com/</u>

Contact the Recreation Department today! Interim Recreation Director– Stephanie Crane 860-649-8066 X6109 or <u>scrane@boltonct.org</u>



COVID Guidelines are ever changing and we will

continue following all recommended guidelines from the state, OEC, CDC, and the health district. This will include however may not be limited to; mask wearing, social distancing, screenings at drop off and more! Mask wearing is required for all Winter programs. These will be followed by everyone at ALL in person programs AND events!

> ***Any programs and all facilities may close with or without notice depending on COVID infection rates and community transmission***

Valentine's Kids Night out



Date: Friday February 11th 2022 from 4pm-9pm Location: Herrick Park Building Who: ages 3-12



Cost: \$40 per participant - multiple children's discount is applied- please call for discount

Looking to have a nice night out (or in) for Valentine's Day... without the kids? Drop your kids off with the Bolton Recreation Department at Herrick Park on Friday February 11th from 4pm-9pm for an evening of fun and games with friends, while you have a much needed night to yourself. Bolton Recreation will provide games, activities, crafts, and a yummy *pizza dinner for the kids.

*please let us know if your child has any allergies on registration

Register here: https://boltonrec.recdesk.com/



Valentine's Day Cards

Send some love and cheer – make a set of Valentine's Cards with plenty of time to mail! On Monday, February 7 at 6:30 p.m. over Zoom, Beth Werner will guide you through card

making of three designs; all supplies are provided.

RSVP through the Senior Center by February 1 by phone at (860) 647-9196 FREE.

Kits will be picked up at the Senior Center.





Stargazing with John Hambrook!

Join us on Zoom for a short tour of the Winter Circle in the night sky using the Stellarium star chart. Bolton resident Dr. John Hambrook will be our guide as we discover the planets and constellations visible this time of year. This is a joint program with Bentley Memorial Library, Bolton Seniors and Bolton Recreation Department. Residents and nonresidents welcome.

To register, contact the library by phone at 860-646-7349 or by email at <u>bmlprograms@biblio.org</u>