Lifeguard Job Descriptions

A lifeguard's efficiency is not based upon the number of rescues he/she makes, but rather on the limited number of emergencies occurring in the area of his/her responsibility. Lifeguards need to recognize and prevent actions or situations that may lead to an emergency. Prevention of accidents through knowledge of lifeguarding, proper use of equipment, and realization of responsibilities are the chief attributes of a skilled lifeguard. In the eyes of the child and the adult, the lifeguard is a fail-safe mechanism…they look to him/her as a ready source of help in time of emergency. Participants become critical of staff and the facility when a lifeguard exhibits inattention, irritability and/or domineering supervision. They respect the lifeguard who displays courteous adherence to his/her duties. The very nature of lifeguarding (guarding the health and safety of individuals) demands that one conduct themselves in such a manner that others recognize as professional.

Qualifications
- Preference will be given to previous employees in good standing with the Recreation Department
- Must be at least 16 years of age
- Must hold current certifications in Lifeguard Training, Standard First Aid, and CPR for the Professional Rescuer
- Experience is preferred but not required

Responsibilities
The primary responsibilities of a lifeguard include: 1) safety, 2) security, and 3) public relations. These three areas are of utmost importance in fulfilling your position.
- Respond quickly to all emergency situations
- Administer first aid to victims of an injury
- Observe and enforce all park rules and regulations
- Prevent injury and minimize or eliminate hazardous situations
- Scan water for problems
- Maintain a positive rapport and image with the patrons
- Participate in at least 3 drills per week and log them
- Complete all necessary reports and records
- Clean beach daily
- Carry out additional duties assigned by supervisory staff members
- Check and stock equipment, do paperwork, and work as Maintainers on days when the park is closed (OPTIONAL)