

Bolton Recreation Department Youth Basketball Policies, Rules and Regulations

The Bolton Recreation Department Strives to provide a fun and developmental program for all participants. This allows all registered participants to receive equal opportunities to participate in the Youth Basketball Program. The objective of our league is to enhance player enjoyment, teach fundamentals, improve skills, build self-esteem, ensure adequate game participation, and develop a sense of sportsmanship as well as fair play. Our games are played in a supervised, organized and safety oriented manner to keep the welfare of the participant free of any adult ambition and personal glory.

Coaching:

Each team needs at least one Head Coach who is 18 years or older. Each team can have as many assistant coaches as parents who wish to assist during the season. Head coaches will receive their son/daughter on their team. Assistant coaches will not have the choice to a team; they will be placed with the team that their son/daughter is placed on after evaluations take place. Coaches are asked each year to run drills at the evaluations. High School students are able to assistant coach on teams as well.

Sportsmanship:

1. Every coach will sign a coach's code of ethics before participation in any given season.
2. No coach or player will be allowed to use profanity, name calling or behave in an unsportsmanlike manner. An automatic technical foul will be assessed on the first offense and severity may warrant an immediate ejection from a game. Any coach or player who is ejected from a game will be suspended and unable to participate in the next game.
3. Coaches should provide a positive and supportive environment in which players can learn fundamental skills and rules of the game, along with the concepts of team work and sportsmanship. Arguing, complaining and constant questioning of referee calls is detrimental to the goal of teaching sportsmanship and healthy competition and is not acceptable. Coaches may ask a referee what his/her call was for as long as it does not interfere with the progress of the game. If clarification is needed further, this may be done at the expense of calling a time out.

League Rules:

Rules may change from grade to grade, and are adjusted accordingly as needed by the lakes region league.

Evaluations:

Evaluations only hold the purpose of assisting the Recreation Department Director and Basketball Coordinator in dividing the teams at each division in a fair manner. This night also gives the coaches the chance to see who will be playing for the year and run through some drills in the gym with the division before practices begin.

Tryouts:

Tryouts are only held for travel teams. Travel teams are a competitive league which may need to travel a little farther for different games on the weekends. However a travel team may not occur every season. It is all dependent upon the interest not only for the travel team but as well as the recreational team. Recreation teams for every age will occur with the appropriate amount of interest.

Uniforms:

Each participant will receive a t-shirt that matches their team members with a number on the back; T-shirts are yours to keep. Coaches will have a list of T-shirt sizes for their team to hand out before the first game. Coaches will also receive a T-shirt for the season. Travel teams receive a Jersey for each player.

Half time/Timeouts:

During this time only players and coaches should be allowed on the court. All spectators should refrain from using the basketball court. This is a safety issue and must be reinforced by coaches, referees and coordinators.

Referees:

Two referees are encouraged for every game to ensure that the players at different levels are afforded the proper instruction from this point. Some Referees will be high school aged from within the towns; others will be Board 8 official referees sent from out of town. During Home games if a referee does not show, our basketball coordinator Ben Davies is Board 8 certified and may step in.

Games:

Games are 2 16 minute halves unless otherwise specified in your age level rules.

Equal playing time is mandatory and will depend on the amount of players on your team.

10 players: 5 play two quarters; 5 play two quarters

9 players: 2 play 3 quarters; 7 play 2 quarters

8 players: 4 play 3 quarters; 4 play 2 quarters

7 players: 6 play 3 quarters; 1 plays 2 quarters

No team member may play more than three quarters unless:

6 players: 4 play full game; 2 play half game

5 players: all must play the full game

Each home team will be responsible to supply a volunteer for each game to run the clock. Each team will also be responsible for supplying a volunteer to fill out the scorebook each game.

NO BASKETBALLS IN THE HALLWAYS